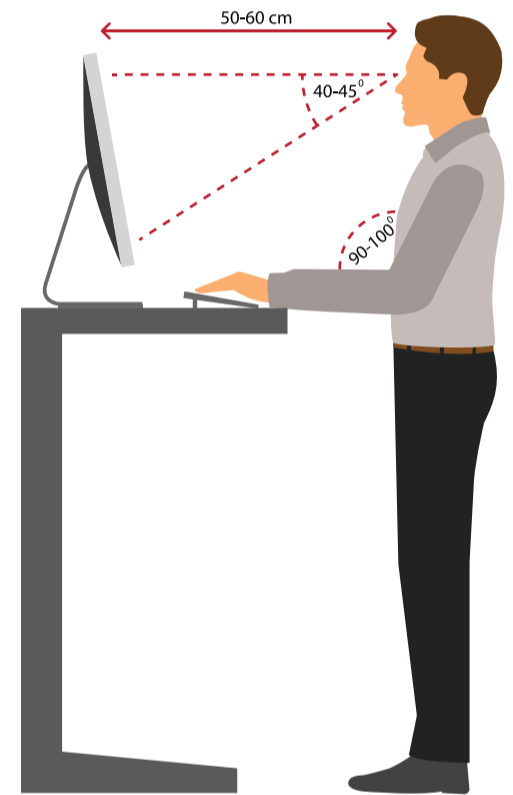
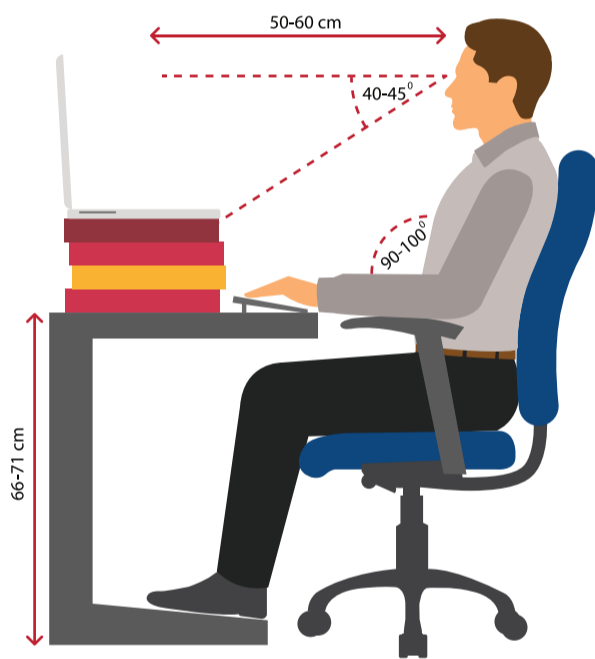
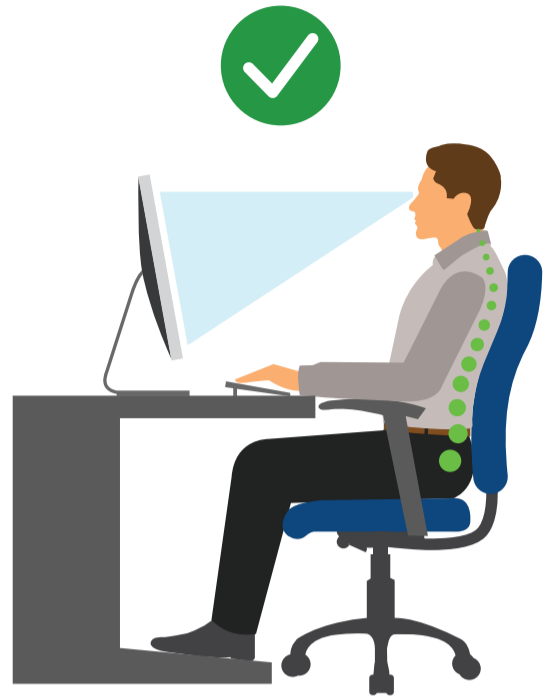


ПРАВИЛНА РАБОТНА ПОЗА



Правете по 5 мин. почивки на всеки час

